

TRIPLET LEŚNY
KUŹNICA ZBĄSKA 20.05.2023.
Bieg 5 km, Rower 16 km, Kajak 2 km



WYNIKI

Miejsce	Numer	Nazwisko i Imię	Miasto	Płeć	Rok	BIEG	M-ce	T1	M-ce	ROWER	M-ce	T2	M-ce	KAJAK	M-ce	CZAS	M-ce	OPEN	K	M	K+	M+	PLP
1	93	SZYMKOWIAK NORBERT		M	1994	00:21:28	(1)	00:00:43	(5)	00:36:01	(1)	00:00:29	(1)	00:19:43	(2)	01:18:24	(1)	1		1			
2	21	GUZIK BARTOSZ	NOWY TOMYŚL	M	1981	00:24:23	(8)	00:01:00	(30)	00:39:29	(5)	00:00:36	(14)	00:19:24	(1)	01:24:52	(2)	2		2			
3	58	PETTERS KLAUDIA	BOLESŁAWIEC	K	1999	00:22:57	(3)	00:00:32	(2)	00:41:29	(13)	00:00:33	(7)	00:20:09	(4)	01:25:40	(3)	3	1				
4	12	DRYKA FILIP	PROCHY	M	1999	00:22:28	(2)	00:00:54	(22)	00:40:34	(10)	00:00:30	(3)	00:21:23	(10)	01:25:49	(4)	4		3			
5	89	ZIEMEK TOMASZ	NOWY TOMYŚL	M	1979	00:23:37	(5)	00:01:08	(43)	00:40:05	(7)	00:00:55	(52)	00:21:36	(16)	01:27:21	(5)	5		4			
6	64	ROSOLSKI PIOTR	RAKONIEWICE	M	1984	00:24:37	(10)	00:00:51	(17)	00:40:51	(11)	00:00:41	(20)	00:20:44	(5)	01:27:44	(6)	6		5			
7	92	KACZMAREK JACEK	KRZYCKO WIELKIE	M	1981	00:26:08	(18)	00:00:43	(5)	00:37:45	(3)	00:00:35	(10)	00:22:46	(41)	01:27:57	(7)	7		6			
8	17	FIJAŁKOWSKI SEBASTIAN	ZIELONA GÓRA	M	1990	00:24:06	(7)	00:01:11	(49)	00:40:28	(9)	00:00:44	(27)	00:21:56	(19)	01:28:25	(8)	8		7			
9	53	ORKISZ LECH	SIEDLEC	M	1982	00:27:24	(35)	00:01:47	(80)	00:36:09	(2)	00:01:00	(62)	00:22:58	(43)	01:29:18	(9)	9		8			
10	70	SKRZYPCZAK MICHAŁ	GRODZISK WLKP	M	1974	00:27:56	(38)	00:01:20	(57)	00:38:43	(4)	00:00:52	(48)	00:21:17	(9)	01:30:08	(10)	10		9	1		
11	55	PAWŁOWSKI TOMEK	WŁOSZAKOWICE	M	1986	00:23:42	(6)	00:01:06	(40)	00:42:28	(16)	00:00:59	(60)	00:22:06	(26)	01:30:21	(11)	11		10			
12	77	SZEWczyk MATEUSZ	CHOBENICE	M	1990	00:26:38	(25)	00:01:11	(49)	00:40:00	(6)	00:00:51	(44)	00:22:44	(39)	01:31:24	(12)	12		11			
13	24	JANS IGOR	KUŚLIN	M	1986	00:27:03	(31)	00:00:38	(3)	00:42:17	(14)	00:00:32	(5)	00:21:10	(7)	01:31:40	(13)	13		12			
14	48	MIECZKOWSKI MARCIN	NOBLINY	M	1973	00:26:46	(28)	00:00:47	(11)	00:42:23	(15)	00:00:44	(27)	00:21:11	(8)	01:31:51	(14)	14		13	2	1	
15	87	ZEBRUCKI KRYSZTIAN	GRODZISK WLKP	M	1988	00:26:24	(22)	00:01:29	(69)	00:40:59	(12)	00:00:51	(44)	00:22:20	(31)	01:32:03	(15)	15		14			
16	60	PIOSIK ŁUKASZ	WOLSZTYN	M	1979	00:26:40	(26)	00:01:47	(80)	00:40:27	(8)	00:00:50	(41)	00:23:08	(45)	01:32:52	(16)	16		15			
17	82	WOJCIECHOWSKI ANDRZEJ	WOLSZTYN	M	1971	00:25:46	(15)	00:01:02	(34)	00:44:04	(21)	00:00:46	(35)	00:21:36	(17)	01:33:14	(17)	17		16		3	
18	25	JENEK PATRYK	MOCHY	M	1997	00:24:42	(11)	00:00:56	(25)	00:44:28	(24)	00:00:35	(10)	00:22:39	(37)	01:33:20	(18)	18		17			
19	66	SIELĄGOWSKI SEBASTIAN	WŁOSZAKOWICE	M	1979	00:25:34	(13)	00:01:39	(75)	00:43:44	(20)	00:00:43	(26)	00:22:34	(35)	01:34:14	(19)	19		18			
20	3	BIELAWSKI MARCIN	NOWY TOMYŚL	M	1995	00:26:42	(27)	00:01:21	(58)	00:43:00	(18)	00:00:39	(16)	00:22:36	(36)	01:34:18	(20)	20		19			
21	73	STARCZYŃSKI TOMASZ	GOWARZEWO	M	1979	00:25:39	(14)	00:01:07	(41)	00:42:52	(17)	00:00:45	(31)	00:24:17	(58)	01:34:40	(21)	21		20			
22	84	WOŁK MARCIN	RAKONIEWICE	M	1976	00:24:44	(12)	00:00:27	(1)	00:46:52	(29)	00:00:48	(40)	00:22:00	(20)	01:34:51	(22)	22		21		4	
23	1	ANDRZEJCZAK ANNA	NOWY TOMYŚL	K	1984	00:26:15	(20)	00:00:55	(24)	00:45:14	(26)	00:01:03	(67)	00:22:03	(23)	01:35:30	(23)	23	2				
24	52	NOWAK SZYMON	WIELICHOWO	M	2000	00:26:27	(23)	00:00:52	(21)	00:44:24	(22)	00:00:32	(5)	00:23:35	(51)	01:35:50	(24)	24		22			
25	2	ANDRZEJCZAK ŁUKASZ	NOWY TOMYŚL	M	1985	00:27:12	(33)	00:01:35	(72)	00:44:24	(23)	00:00:50	(41)	00:22:04	(25)	01:36:05	(25)	25		23			
26	10	BEYER JAN	PRZYŁEK	M	1997	00:29:21	(55)	00:00:57	(28)	00:43:35	(19)	00:00:41	(20)	00:22:33	(34)	01:37:07	(26)	26		24			
27	16	FIEBIG STEFAN	PONIEC	M	1968	00:26:23	(21)	00:00:43	(5)	00:48:36	(36)	00:00:45	(31)	00:21:32	(14)	01:37:59	(27)	27		25		5	
28	39	LEHMANN MACIEJ	NOWY TOMYŚL	M	1975	00:28:12	(41)	00:01:18	(53)	00:44:38	(25)	00:00:44	(27)	00:23:09	(47)	01:38:01	(28)	28		26		6	
29	29	KACZMAREK TOMASZ	NOWY TOMYŚL	M	1986	00:28:01	(40)	00:00:49	(13)	00:46:46	(28)	00:00:29	(1)	00:22:32	(33)	01:38:37	(29)	29		27			
30	37	KURZYŃSKI PIOTR	NOWY TOMYŚL	M	1980	00:23:37	(4)	00:00:42	(4)	00:45:30	(27)	00:00:39	(16)	00:28:23	(84)	01:38:51	(30)	30		28			
31	34	KMIECIK RADOŚLAW	RAKONIEWICE	M	1980	00:26:52	(29)	00:01:28	(66)	00:49:05	(40)	00:00:45	(31)	00:21:24	(11)	01:39:34	(31)	31		29			
32	72	SOBON AGNIESZKA	WOLSZTYN	K	1982	00:29:01	(51)	00:00:51	(17)	00:49:12	(41)	00:00:51	(44)	00:19:58	(3)	01:39:53	(32)	32	3				
33	4	BOGUCKI SŁAWOMIR	ZIELONA GÓRA	M	1961	00:27:02	(30)	00:00:49	(13)	00:50:31	(47)	00:00:33	(7)	00:21:27	(12)	01:40:22	(33)	33		30		7	
34	80	URBANIAK DAWID	GAWORZYCE	M	2001	00:26:34	(24)	00:00:44	(9)	00:50:50	(49)	00:00:34	(9)	00:22:03	(24)	01:40:45	(34)	34		31			2
35	19	GÓRSKI MARIUSZ	GNIEZNO	M	1980	00:28:59	(49)	00:01:03	(36)	00:47:15	(30)	00:00:45	(31)	00:23:17	(48)	01:41:19	(35)	35		32			
36	43	MARCINIAK GRZEGORZ	RAKONIEWICE	M	1983	00:29:00	(50)	00:01:09	(47)	00:49:23	(42)	00:00:47	(39)	00:21:03	(6)	01:41:22	(36)	36		33			
37	6	CIESIELSKI ARKADIUSZ	MIEDZYCHÓD	M	1973	00:26:04	(17)	00:02:04	(85)	00:49:25	(43)	00:00:46	(35)	00:23:08	(46)	01:41:27	(37)	37		34		8	3
38	47	MADRY MIKOŁAJ	RAKONIEWICE	M	1997	00:28:20	(42)	00:01:23	(61)	00:50:24	(46)	00:00:44	(27)	00:21:55	(18)	01:42:46	(38)	38		35			
39	54	PAWELEC DAWID	NOWY TOMYŚL	M	1986	00:27:26	(36)	00:01:09	(47)	00:48:56	(38)	00:00:35	(10)	00:24:42	(64)	01:42:48	(39)	39		36			
40	33	KANDULSKI JAKUB	OPALENICA	M	1980	00:27:14	(34)	00:01:08	(43)	00:48:24	(34)	00:00:57	(58)	00:25:13	(74)	01:42:56	(40)	40		37			
41	27	KACZMAREK KRZYSZTOF	GRODZISK WIELKOPOLSKI	M	1984	00:29:07	(53)	00:00:43	(5)	00:50:41	(48)	00:00:42	(24)	00:22:12	(27)	01:43:25	(41)	41		38			
42	88	ZIELIŃSKI MATEUSZ	POZNAN	M	1992	00:28:27	(43)	00:00:55	(24)	00:51:55	(54)	00:00:46	(35)	00:21:28	(13)	01:43:31	(42)	42		39			
43	45	MARCINKOWSKI FILIP	WOLSZTYN	M	1992	00:29:39	(57)	00:01:22	(59)	00:47:44	(31)	00:00:55	(52)	00:23:59	(55)	01:43:39	(43)	43		40			
44	38	LABRZYCKI DANIEL	GRODZISK WLKP	M	1985	00:29:29	(56)	00:01:14	(52)	00:49:52	(44)	00:01:06	(70)	00:22:00	(21)	01:43:41	(44)	44		41			
45	76	STOPIERZYŃSKI HUBERT	GRODZISK WIELKOPOLSKI	M	1997	00:27:09	(32)	00:01:22	(59)	00:52:03	(55)	00:00:55	(52)	00:22:23	(32)	01:43:52	(45)	45		42			
46	30	KACZOR SŁAWOMIR	BOLEWICE	M	1976	00:28:45	(46)	00:00:50	(15)	00:52:09	(57)	00:00:42	(24)	00:21:33	(15)	01:43:59	(46)	46		43		9	
47	44	MARCINIAK WALDEMAR	RAKONIEWICE	M	1960	00:25:50	(16)	00:02:39	(91)	00:52:59	(60)	00:00:40	(19)	00:22:13	(28)	01:44:21	(47)	47		44		10	
48	41	ŁODYGA MARCIN	GRODZISK WLKP	M	1981	00:28:56	(48)	00:01:03	(36)	00:50:51	(50)	00:00:52	(48)	00:22:43	(38)	01:44:25	(48)	48		45			
49	18	FRANSKI ŁUKASZ	NOWY TOMYŚL	M	1976	00:26:13	(19)	00:00:51	(17)	00:53:24	(61)	00:00:46	(35)	00:23:21	(49)	01:44:35	(49)	49		46		11	
50	20	GRABSKI RAFAŁ	BORUJA KOŚCIELNA	M	1992	00:24:32	(9)	00:00:54	(22)	00:49:54	(45)	00:00:31	(4)	00:29:39	(86)	01:45:30	(50)	50		47			

Miejsce	Numer	Nazwisko i Imię	Miasto	Płeć	Rok	BIEG	M-ce	T1	M-ce	ROWER	M-ce	T2	M-ce	KAJAK	M-ce	CZAS	M-ce	OPEN	K	M	K+	M+	PLP
51	62	RATAJCZAK DAWID	RAKONIEWICE	M	1987	00:30:46	(61)	00:01:28	(66)	00:48:47	(37)	00:01:00	(62)	00:23:41	(52)	01:45:42	(51)	51		48			
52	32	KAŁAS MICHAŁ	POZNAŃ	M	1981	00:29:20	(54)	00:03:12	(92)	00:47:53	(32)	00:01:26	(84)	00:24:24	(61)	01:46:15	(52)	52		49			
53	35	KOPACZ MIROSLAW	POZNAŃ	M	1955	00:28:38	(44)	00:01:18	(53)	00:51:44	(52)	00:00:54	(51)	00:23:56	(54)	01:46:30	(53)	53		50		12	
54	83	WOJCIECHOWSKI ROBERT	OPALENICA	M	1971	00:30:25	(60)	00:00:50	(15)	00:51:22	(51)	00:00:41	(20)	00:23:24	(50)	01:46:42	(54)	54		51		13	
55	63	REKOŚ KRZYSZTOF	NOWY TOMYŚL	M	1986	00:27:29	(37)	00:00:55	(24)	00:54:35	(62)	00:00:35	(10)	00:23:44	(53)	01:47:18	(55)	55		52			
56	42	MAGDANS KALINA	NOWY TOMYŚL	K	1999	00:30:47	(62)	00:01:31	(71)	00:51:45	(53)	00:00:51	(44)	00:22:50	(42)	01:47:44	(56)	56	4				
57	11	DOLNY ADAM	STARY WIDZIM	M	1982	00:33:01	(75)	00:00:45	(10)	00:52:07	(56)	00:00:41	(20)	00:22:02	(22)	01:48:36	(57)	57		53			
58	69	SKRZYPCZAK MACIEJ	NOWY TOMYŚL	M	1995	00:32:05	(66)	00:02:08	(87)	00:48:57	(39)	00:01:19	(80)	00:24:20	(59)	01:48:49	(58)	58		54			
59	81	WASILEWSKI ARKADIUSZ	PAPROĆ	M	1995	00:32:27	(70)	00:02:12	(89)	00:48:30	(35)	00:01:18	(78)	00:24:58	(66)	01:49:25	(59)	59		55			
60	51	NAPIERAŁA PAWEŁ	RAKONIEWICE	M	1986	00:35:53	(86)	00:01:35	(72)	00:48:19	(33)	00:01:02	(65)	00:22:45	(40)	01:49:34	(60)	60		56			
61	96	GRACZ KRYSZTIAN	GRODZISK WLKP.	M	1995	00:28:00	(39)	00:01:07	(41)	00:55:12	(64)	00:00:39	(16)	00:25:03	(72)	01:50:01	(61)	61		57			
62	46	MADRA DOMINIKA	RAKONIEWICE	K	1992	00:32:25	(69)	00:01:02	(34)	00:52:50	(59)	00:00:58	(59)	00:24:37	(63)	01:51:52	(62)	62	5				
63	40	LIS KRZYSZTOF	RAKONIEWICE	M	1984	00:32:33	(71)	00:01:25	(64)	00:52:22	(58)	00:01:12	(73)	00:25:21	(75)	01:52:53	(63)	63		58			
64	95	OSOSIŃSKA PAULINA	BEŁĘCIN	K	1994	00:29:02	(52)	00:01:04	(38)	00:57:40	(71)	00:01:04	(68)	00:24:26	(62)	01:53:16	(64)	64	6				
65	67	SIWEK MATEUSZ	POLSKA NOWA WIEŚ	M	1992	00:33:21	(77)	00:01:23	(61)	00:55:28	(65)	00:00:56	(56)	00:22:13	(29)	01:53:21	(65)	65		59			
66	65	SEMKŁO DARIUSZ	SULECHÓW	M	1972	00:29:57	(58)	00:01:08	(43)	00:56:48	(69)	00:00:50	(41)	00:25:02	(71)	01:53:45	(66)	66		60		14	4
67	91	JĘDRZEJCZAK RENATA	RAKONIEWICE	K	1982	00:29:59	(59)	00:01:00	(30)	00:57:05	(70)	00:01:05	(69)	00:26:16	(80)	01:55:25	(67)	67	7				
68	90	BRONOWICKI RYSZARD	NOWY TOMYŚL	M	1949	00:31:39	(63)	00:02:22	(90)	00:56:31	(68)	00:01:18	(78)	00:24:09	(57)	01:55:59	(68)	68		61		15	
69	23	HOFFMANN GRZEGORZ	CZEMPIŃ	M	1977	00:32:07	(67)	00:01:23	(61)	00:56:28	(67)	00:01:27	(86)	00:25:11	(73)	01:56:36	(69)	69		62		16	
70	50	MODZELEWSKA AGNIESZKA	OPALENICA	K	1978	00:33:38	(79)	00:00:58	(29)	00:55:37	(66)	00:01:49	(91)	00:24:54	(65)	01:56:56	(70)	70	8		1		
71	94	FRYŚNA AGNIESZKA	LESZNO	K	1994	00:32:56	(73)	00:00:48	(12)	00:54:58	(63)	00:00:59	(60)	00:27:18	(82)	01:56:59	(71)	71	9				
72	68	SKORUPA ANDRZEJ	BRODY	M	1975	00:28:55	(47)	00:01:00	(30)	01:03:57	(80)	00:01:06	(70)	00:25:26	(77)	02:00:24	(72)	72		63		17	5
73	59	PIERSZALSKI LESZEK	GRODZISK WLKP.	M	1966	00:32:51	(72)	00:01:04	(38)	01:00:02	(75)	00:01:15	(75)	00:25:38	(79)	02:00:50	(73)	73		64		18	
74	8	CZERWIŃSKI HUBERT	WILKOWICE	M	1982	00:33:50	(81)	00:02:04	(85)	00:59:24	(73)	00:01:17	(76)	00:25:01	(70)	02:01:36	(74)	74		65			
75	9	CZERWIŃSKA HANNA	WILKOWICE	K	1982	00:33:48	(80)	00:02:00	(84)	00:59:32	(74)	00:01:17	(76)	00:25:00	(69)	02:01:37	(75)	75	10				
76	61	RABIEGA DIONIZY	WOLSZTYN	M	1988	00:35:37	(85)	00:02:10	(88)	00:58:24	(72)	00:01:28	(87)	00:23:59	(56)	02:01:38	(76)	76		66			
77	26	KACZMAREK ANETA	NOWY TOMYŚL	K	1988	00:32:21	(68)	00:01:19	(56)	01:00:34	(76)	00:01:00	(62)	00:28:09	(83)	02:03:23	(77)	77	11				
78	13	DURĄ ROBERT	OPALENICA	M	1989	00:28:42	(45)	00:00:51	(17)	01:14:16	(90)	00:00:37	(15)	00:22:16	(30)	02:06:42	(78)	78		67			
79	36	KOWALONEK TOMASZ	RAKONIEWICE	M	1974	00:34:07	(82)	00:01:30	(70)	01:03:35	(79)	00:01:21	(81)	00:26:40	(81)	02:07:13	(79)	79		68		19	
80	15	MENDEL MACIEJ	RAKONIEWICE	M	1964	00:33:29	(78)	00:01:42	(77)	01:02:26	(78)	00:01:12	(73)	00:28:25	(85)	02:07:14	(80)	80		69		20	
81	56	PETER ANDRZEJ	GROMADKA	M	1970	00:34:22	(83)	00:01:41	(76)	01:07:41	(83)	00:01:02	(65)	00:23:05	(44)	02:07:51	(81)	81		70		21	6
82	49	MIZERSKA MAŁGORZATA	NOWE TŁOKI	K	1972	00:31:48	(64)	00:01:49	(82)	01:10:27	(85)	00:01:23	(83)	00:25:35	(78)	02:11:02	(82)	82	12		2		
83	14	FABIŚ PATRYCJA	WOLSZTYN	K	1995	00:37:30	(88)	00:01:26	(65)	01:06:26	(82)	00:01:26	(84)	00:25:00	(67)	02:11:48	(83)	83	13				
84	5	CICHOS BARBARA	GRODZISK WIELKOPOLSKI	K	1966	00:33:05	(76)	00:01:00	(30)	01:11:55	(88)	00:01:21	(81)	00:25:26	(76)	02:12:47	(84)	84	14		3		
85	71	SKUZA DARIA	OPALENICA	K	1994	00:36:02	(87)	00:01:08	(43)	01:10:44	(87)	00:00:55	(52)	00:24:20	(60)	02:13:09	(85)	85	15				
86	22	HERKT ANETA	GRODZISK WIELKOPOLSKI	K	1991	00:39:40	(92)	00:01:42	(77)	01:05:00	(81)	00:02:01	(92)	00:25:00	(68)	02:13:23	(86)	86	16				
87	79	TRÓMIŃSKA-STARCZYŃSKA JOANNA	GOWARZEWO	K	1981	00:35:15	(84)	00:01:18	(53)	01:00:58	(77)	00:01:28	(87)	00:35:47	(91)	02:14:46	(87)	87	17				
88	85	ZAPART-CZASŁAWSKA EWA	ZŁOTORYJA	K	1980	00:31:49	(65)	00:01:28	(66)	01:10:42	(86)	00:00:53	(50)	00:31:26	(89)	02:16:18	(88)	88	18				1
89	74	STEMPLEWSKA SYLWIA	ZALASEWO	K	1985	00:38:40	(91)	00:01:49	(82)	01:08:24	(84)	00:01:30	(89)	00:30:54	(88)	02:21:17	(89)	89	19				
90	57	PETER JOANNA	GROMADKA	K	1971	00:38:31	(90)	00:01:37	(74)	01:12:37	(89)	00:01:30	(89)	00:29:42	(87)	02:23:57	(90)	90	20		4		
91	78	SZYMCZAK MAGDALENA	GRODZISK WIELKOPOLSKI	K	1973	00:32:58	(74)	00:01:13	(51)	01:20:35	(92)	00:00:56	(56)	00:32:10	(90)	02:27:52	(91)	91	21		5		
92	86	ZAPART-DECHNIK ANNA	ZŁOTORYJA	K	1980	00:38:13	(89)	00:01:44	(79)	01:18:39	(91)	00:01:09	(72)	00:43:31	(92)	02:43:16	(92)	92	22				2

TRIPLET LEŚNY

KUŹNICA ZBĄSKA 20.05.2023.

Bieg 5 km, Rower 16 km, Kajak 2 km

